Breastfeeding Quiz

Instructions: Circle True or False for each question.

1. Modern infant formula is very similar or the same as breast milk. True False

2. Babies that breastfeed get sick less often than babies that formula feed. True False

3. Most people think that breastfeeding in public is unacceptable. True False

4. Most women don't produce enough milk to be able to breastfeed. True False

5. Breastfeeding for a year or more makes your baby too dependent. True False

6. Mothers who breastfeed must eat special foods. True False

7. If you breastfeed, you are not able to go out and have fun with friends. True False

8. If a mother needs to take medicine, she can still breastfeed. True False

9. If a mother needs to go back to work or school after six weeks, it is not worth it to breastfeed. True False

10. Mothers who have their nipples pierced can still breastfeed. True False