

Name: _____

Breastfeeding Quiz

Instructions: Circle True or False for each question.

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| 1. Modern infant formula is very similar or the same as breast milk. | True | False |
| 2. Babies that breastfeed get sick less often than babies that formula feed. | True | False |
| 3. Most people think that breastfeeding in public is unacceptable. | True | False |
| 4. Most women don't produce enough milk to be able to breastfeed. | True | False |
| 5. Breastfeeding for a year or more makes your baby too dependent. | True | False |
| 6. Mothers who breastfeed must eat special foods. | True | False |
| 7. If you breastfeed, you are not able to go out and have fun with friends. | True | False |
| 8. If a mother needs to take medicine, she can still breastfeed. | True | False |
| 9. If a mother needs to go back to work or school after six weeks, it is not worth it to breastfeed. | True | False |
| 10. Mothers who have their nipples pierced can still breastfeed. | True | False |